

**Course Title: ERT & FIRE FIGHTING TRAINING**

**A) COURSE CONTENT**

No	Module	Content
1	Introduction to ERT	<ul style="list-style-type: none"><li>= Establishment of ERT</li><li>= Function &amp; Roles of ERT</li><li>= ERT Tasks/Job</li><li>= How to conduct exercise?</li></ul>
2	Fire Chemistry	<ul style="list-style-type: none"><li>= Fire Accidents</li><li>= Fire Triangle</li><li>= Fire Spread Method</li><li>= Fire Extinguishing Technique</li><li>= Fire Classes</li><li>= Awareness of Fire</li></ul>
3	Building evacuation	<ul style="list-style-type: none"><li>= Understanding of Fire Drill</li><li>= Emergency Plan</li><li>= Means of Escape</li><li>= Ready for action/tasks</li></ul>
4	Rescue procedures	<ul style="list-style-type: none"><li>= Victims Rescue Techniques</li><li>= Practical: Rescue Techniques</li></ul>
5	Fire extinguishers	<ul style="list-style-type: none"><li>= Types of Fire extinguishers</li><li>= How to use a Fire Extinguisher</li><li>= Fire Extinguisher Content</li><li>= Fire Extinguisher Care &amp; Maintenance</li></ul>

**B) SCHEDULED**

<b>Time</b>	<b>Module</b>	<b>Content</b>
0900-1030	Introduction to ERT	<ul style="list-style-type: none"> <li>= Establishment of ERT</li> <li>= Function &amp; Roles of ERT</li> <li>= ERT Tasks/Job</li> <li>= How to conduct exercise?</li> </ul>
1030-1045	Morning Break	
1045-1230	Rescue procedures	<ul style="list-style-type: none"> <li>= Victims Rescue Techniques</li> <li>= Practical: Rescue Techniques</li> </ul>
1230-0130	Lunch	
0130-0215	Fire Chemistry	<ul style="list-style-type: none"> <li>= Fire Accidents</li> <li>= Fire Triangle</li> <li>= Fire Spread Method</li> <li>= Fire Extinguishing Technique</li> <li>= Fire Classes</li> <li>= Awareness of Fire</li> </ul>



0215-0300	Building evacuation	= Understanding of Fire Drill = Emergency Plan = Means of Escape = Ready for action/tasks
0300-0345	Fire extinguishers	= Types of Fire extinguishers = How to use a Fire Extinguisher = Fire Extinguisher Content = Fire Extinguisher Care & Maintenance
0345-0500	Practical	= Practical for Fire Extinguishers, Hose Reel & Hydrant Hose = Fire Drill Practical

**A) PRACTICAL TOOLS NEED TO BE PREPARED**

1. 2 Units of Dry Powder
2. 2 Units of CO2
3. 10 Litre of Diesel
4. 5 Litre of Petrol
5. Kawad Hose Practical:
  - 4 Hydrant Hose
  - 1 Unit Nozzle

